

"I don't think about suicide any more. I've got better support, and plans for the future."

- HIGH SCHOOL STUDENT WHO CALLED 800-273-TALK AFTER YOUTH SUICIDE PREVENTION TRAINING



**ANNUAL REPORT
2012-2013**

**Youth Suicide
Prevention
Program**

www.YSPP.org



"I learned about a safety plan and successful intervention techniques. I'm more aware of the signs." - ISSAQUAH COUNSELOR AFTER TRAINING



"That stuff really does work. I was up with a friend all night and she is still with us."

- BETHEL HIGH SCHOOL STUDENT, AFTER H.E.L.P TRAINING

Dear friends,

Thank you for your strong support of Youth Suicide Prevention Program this past year.

YSPP's success is a direct reflection of your belief in the value of youth suicide prevention, and the hope and opportunity it offers a teen in crisis.

Our schools are more intentional about suicide prevention planning. Our parents are more skilled in looking for warning signs, and our students are more aware and engaged in looking out for each other.

Still, far too many of our youth are struggling and considering suicide.

Youth Suicide Prevention Program remains steadfast in our vision: a state where youth suicide is a rare event, where young people are nurtured and supported, where individuals and families are aware of risk factors for suicide and actively seek help from accessible, effective community resources.

You've helped us develop the curriculum, evaluate the impact and spread the word that awareness and tools equal change. One person CAN make a difference in the life of a young person considering suicide.

We are deeply thankful and humbled by the generosity of our YSPP community.

With gratitude,

Vicki Wagner,
Executive Director

Scot Reynolds,
Board President

School programs at work

Emotional resilience. Bullying. Prevention tools.

Every school day, teachers in WA state present our best practice, skills-based prevention curricula for Elementary, Middle School and High School. Thanks to your financial investment, students are learning about emotional intelligence and how to relate to one another. They are making posters and T-shirts, spreading positive messages, using our action steps and teaching them to each other.

Expanding our work with school systems, YSPP also trained the nine Educational Service Districts (ESDs) across the state, representing several hundred middle and high schools, to identify, intervene, and support youth considering suicide. We also work with schools to create safety plans and postvention plans for after a suicide.

Yet schools and families cannot do it alone – we need engaged communities that support young people in fulfilling their potential and creating the lives they want.

Thanks to your generous help, YSPP offers resources for the well-being of young people, connecting schools, parents and communities.



YSPP's H.E.L.P. curriculum for high school health classes.



“ I noticed an 8th grader at lunch alone. **She said didn't have any friends, was depressed and considering suicide.** I referred her to the Resource Team. After two weeks in a facility, she's back at school and seeing a therapist. ”

- YAKIMA MIDDLE SCHOOL COUNSELOR TRAINED BY YSPP

Saving lives: it takes a community

Nearly every week, one of our community care staff or field coordinators around the state meets with families, friends and professionals in communities who have suffered a recent suicide. King County and Vashon Island have seen higher than average suicides this year; we are proud to offer support and promote the healthy recovery of affected communities after a suicide. In addition, we facilitated several ongoing community coalitions across the state.

Classroom to Community. In the three counties with the highest rates of suicide, school professionals and mental health providers are identifying students as highest risks for suicide and getting them into treatment. These collaborations play a critical role, impacting dozens of youth in crisis in Cowlitz, Yakima and South Pierce counties.



Ochoa Middle School students present YSPP's action steps at a 'Walk About to Talk About Suicide Prevention' event in Pasco.

Growing the future through training

YSPP crafted our own **Networks for Life training program** to support educators, families and youth. Over the past year we've expanded this comprehensive curriculum, growing our reach to new audiences including sports coaches and clergy. We've also created new modules including: LGBTQ; foster care; homelessness; elementary education; immigration and refugee populations; Latino communities; and law and ethics.

Networks for Life is under evaluation for Best Practice Status from the Suicide Prevention Resource Center (SPRC). This certification will enable us to promote and deliver the training to even wider national audiences.

YSPP training continues to grow. In 2012, we delivered 329 trainings. We look forward to guiding teachers, counselors, coaches, community staff and youth leaders to collaborate and learn from each other how to prevent youth suicide.



YSPP trains teachers to use 'Riding the Waves,' our 5th grade curriculum.



2012-2013 Financial Information

Thanks to our donors

Sponsors

AccMan, Inc
Janet Boguch, Wide Angle Coaching & NonProfit Works
Pride Foundation
R. Burns Petterson, In memory of John Peterson
Seattle Children's Hospital
Josh Stenchever
YouthCare
Washington State Nurses Association (WSNA)

Matching and Workplace Giving

Boeing Charitable Trust
Celebrated Chefs Corporate Giving
Fidelity Charitable Fund
GE United Way Campaign
Give with Liberty
Greater Horizons
King County Employee Giving
Microsoft Giving Campaign
Molina Healthcare
Spokane Public Schools Organization
TRUIST
WA State Combined Fund Drive

Organizational Support

Community Unitarian Universalist Church
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Lucky Seven Foundation
Norcliffe Foundation
Nordstrom, Inc.
Nysether Family Foundation
Peg & Rick Young Foundation
Pride Foundation
RR Enterprises, Inc.
Rural Resources
The Seattle Foundation
Spokane Public Schools
State of WA Dept. of Health (DOH)
State of WA Office of Superintendent of Public Instruction (OSPI)
Substance Abuse and Mental Health Services Administration (SAMSHA)
Timbercrest Junior PTSA
Touch of Class Chorale
Venturepoint Research, LLC
West Region EMS (WREMS)

In Memory and Celebration

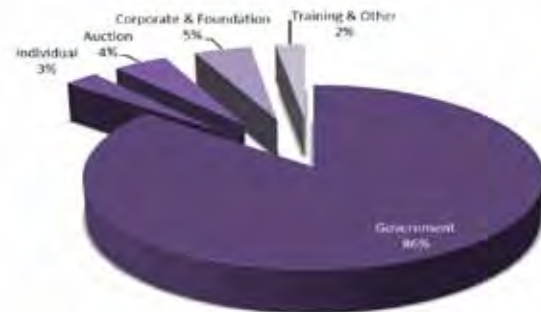
Alison Cathro,
In Memory of John Thomason
Mary and William Dike,
In Memory of David Tuck
Shirley & Robert Hurt,
In Memory of David Tuck
Lockeby, Wennberg, Nieam & Brockel, In Memory of David Tuck
Jussi Melartin,
In Memory of Cody Melartin
Northwest Harvest,
In Memory of Shayanna L. Taylor
Alicia Partridge, In Celebration of
Tyler McNear for Mitchell Partridge
Debra Ross, Celebrating the marriage of Erika Peterson & Annie Bilotta
R. Burns Petterson,
In memory of John Peterson
Suzanne Straw,
In Memory of Dave & Jeb Tuck
Raven Takimoto,
In memory of Tyler Takimoto

Individuals

Affleck, Anne & Allan
Ahl, Catherine & John
Andersen, Ann
Anderson, Barb
Anderson, Janice & Victor
Anonymous
Ayers, April
Babinski, Gregory
Baldwin, Norma
Barber, Mary & J.L.
Barnes, Sharon & George
Beach, Marissa
Beck, Kate
Bedard, Shannon
Belenky, Aaron
Berman, MD Henry
Best, Barbara
Bliss, Erika
Blumenfield, Amy
Boguch, Janet & Kelby Fletcher
Bole, Brenda
Bonzer, Cariana
Boroughs, Joslin
Brice, Suzan
Brown, Aaron
Brown, Heidianna
Brown, Nate
Brownson, Karyn
Busalpa, Melissa & Roderick
Button, Kent
Campbell, Margaret
Carey, Ann M.
Carter, Heather
Casto, Kelly & Robert
Cathro, Alison
Chernin, Louise
Chin, Andrea
Ciabattari, Mary & Andre
Clark, Jessica
Clark, Paul & Rodney Carritt
Cloes, Linda
Cohen, Ronald & Perlas Sapida
Corcoran, Meegan & Ciaran O'Leary
Crump, David
Curran, Laurie & Erik Cullen
Dallas, Stephanie
Dempewolf, Jennifer & Todd
Dempsey, Sandy & Jim
Dietel, Lori & David
Dike, Mary & William
Dodorico, Chris
Drenning, John
Dunne, Theresa
Dussell, Keith
Einstein, Margery & Albert
Elkington, Colleen & Bruce
Emerling, Lisa
Everett, Diane
Evergreen, Edith & Jerry
Ferraro, Rebecca & Edward
Fancher Coon, Mary & Mel Butler
Fitch, Ellen
Flexer, Carol
Forbes, Therese & Scott
Forman, Steve
Fullerton, Angela
Giovengo, Melinda & Kathie Wurzbacher
Glazer, Patricia & Marvin
Gomes, Kenneth
Goss, Greg & Diane
Griffith, Jennifer & Angela
Becker-Dippmann
Grossman, Heidi
Grossman, Rachel
Gwilym, Karen & Don
Haddy, Suzan
Hall, Ellen & Adam
Harbaugh, Chuck
Hedrick, Jeri
Horne, Kathirine A
Horwith, Michah
Huffine, MD Charles
Hunnicut, Jerry
James, Beverly
Jarstad, Pat & John
Johnson, Susan J F
Jones, Shelby
Juarez, Miguel
Katlein, Lori
Keough, Kelly & Linda
Kerle, Tracey
King, Colleen & Troy
Kinney, Lisa & Glen
Kowalski, Nicole & John
Lamprecht, Linda & Lance
Langedyke, Matthew
Lanman, Corene
LeMoine, Rosemarie
Light, Glenn
Lindquist, Mindy
Longaker, Kirsten
Fuller, Jamie & Joseph Waters
MacCreedy, James Scott
MacEachern, Dorothy

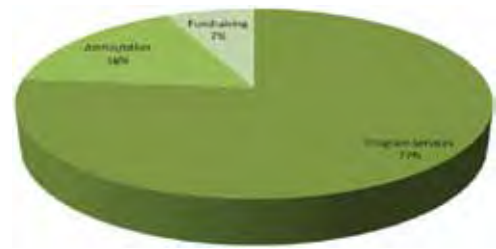
Madsen, Hillary & Rob Dolin
Mann-Pfingsten, Shelley
Markee, Anna
Mathan, Anna & Abraham
Mathews, David & Wendy Zieve
McCabe, Samantha
McIntyre, Heather
Melancon, Michael & Glenn Johnson
Melartin, Jussi
Mercille, Ann & Larry
Merk, Elizabeth
Meyer, Nadean & William
Michalek, Laura
Midles, Matt
Miller, Lorene & Daniel
Miller, Nataly & Mona Smith
Miller, Phyllis
Murray, Karen
Nanny, Teresa & Charles
Nicholas, Ngoc
Overton, Melody
Partridge, Alicia
Pastrana, Leah
Pawlowski, Stephen & Dylan Blaize
Pender, Lori
Pennucci, Annie & Gordon Hill
Perkins, Abbey
Peters, Erica
Peterson, Haddy, Sunshine & Matthew
Peterson, Erika
Petterson, Jay & Michael
Mattmiller
Pitchford, Thomas
Potter, Geoff
Powers, Robert & Scott Smith
Quatermass, Barb & John
Ramsay, Phyllis
Rasmussen, Thomas
Rettinghouse, Heidi
Reynolds, Wendi & Brett
Reynolds, Janae & Scot
Reynolds, Jelean & Rich
Rhoe, Barbara
Rickert, Jonathan
Ritchie, Elaina & Robert
Roberson, Tylesha
Robinson-Baker, Debra
Roe, Cathy & Russ
Rogers, Salli
Roitman, Lindsay
Rosander, Tasha
Ross, Amie
Rusch, Erika
Saloman, Jesse & Sarah
Samuels, Kyle
Schwade, Justin & Curt Smith
Scheinert, Lewis
Schipp, William
Srenar, Brian
Shipp, JeanMarie
Sigman, Kelli A.
Smith, Jill & Michael
Sofian, Neal
Stahley, Robert
Stenroos, Mary
Stern, Eve & Don Iverson
Stoker, Karen & Rick
Stoneham, Tom
Swindley, Mary Jane & Peter
Swinford, Dennis
Telford, Lois & Gary
Thompson, Ariska/Harry
Torres, Joe
Unterreiner, John & Alison
Vander Stoep, Ann
Voltz, Michael & Jay Campbell
Votava, Sabrina
Wagner-Dunne, Rhea & Mike Herrell
Wagner, Victoria & Tom Dunne
Walker, Norm
Walkinshaw, Brady
Watterson, Catherine
Weaver, Wendy
Whipple, Jen
White, Dorie DDS
Willy, Mary & Richard
Wilson, John
Woempner, Nancy & Gary
Wood, Michael & Mary Ellen
Togtman-Wood

Revenue



Government	\$820,135
Individual	26,071
Auction	42,281
Corporate & Foundation	44,800
Training & Other	23,035
TOTAL	\$956,325

Expenses



Program Services	\$724,195
Administration/Other	155,504
Fundraising & Auction	67,054
TOTAL	\$946,753

Staff

Vicki Wagner,
Executive Director

Karyn Brownson,
Director of Training

Kate Kenney, "Classroom to
Community" Program Director

Page Pless,
Director of Development

Marissa Beach, *Trainer*

Jessica Clark,
Operations Manager

Tasha Rosander,
Administrative Assistant

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Kenneth Gomes, *Treasurer*

State Rep. Marko Liias

Hillary Madsen

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David L. Evans

Alexandra Novotny

Jennifer Whipple

Field and Care Coordinators

Kristi Haynes, *Benton-Franklin Field Coordinator*

Celisa Hopkins, *Yakima County Field Coordinator*

Sabrina Votava, *Spokane County Field Coordinator*

Mary Jadwisiak, *Clark-Cowlitz County Field Coordinator*

Tahni Kalina, *Lower Yakima Valley Care Coordinator*

"The trainer taught us ways to tell if our friend is in trouble and how to help." - SEATTLE HIGH SCHOOL STUDENT, YWCA TRAINING



Here's how you can make a difference in the life of a young person.

Donate. Make a tax deductible gift, a multi-year pledge or a matching challenge grant – all are especially helpful to build more networks for life. You can use our secure online system at www.yspp.org.

Engage. The best way to understand Youth Suicide Prevention Program's impact is to attend a training. Come be inspired and learn from teachers and others how our tools are reaching young people.

Volunteer opportunities include long term and short term tasks ranging from event and office support to project-based or professional pro-bono services. More information and sign up at www.yspp.org.

Spread the word. The YSPP community grows through the advocacy of our friends. Please consider sharing our newsletters, videos, and posts with your friends and co-workers, or connect Youth Suicide Prevention Program to foundations or organizations that share our mission.

To learn more, please email info@yspp.org.

Youth Suicide Prevention Program

info@yspp.org

(206) 297-5922

444 NE Ravenna Blvd., Suite 103
Seattle, WA 98115

www.YSPP.org